



Winlaton West Lane Primary School

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Dear Parents and Carers,

I'd like to start by extending a heartfelt thank you to everyone who supported our 'Mental Health and Wellbeing Day' today. It is wonderful to see so many children in red today and more importantly this demonstrated the importance we place on looking after our emotional health as a school community. Next week, we'll be building on this positive momentum with a series of activities focused on helping children explore their thoughts, feelings and any worries they may have. We'll be dedicating time each day to mindfulness practice, which we know has such a positive impact on children's overall wellbeing. If you'd like to support this at home, please see the information below on how you can help your child develop these valuable skills.

Mental Health Awareness in Primary Schools

Mental health is just as important as physical health, and early experiences play a significant role in children's long-term wellbeing. Primary schools are well placed to help children:

- Develop emotional resilience and coping skills
- Learn how to recognise and talk about feelings
- Understand where and how to seek support
- Build positive relationships and a sense of belonging

Promoting mental wellbeing also supports learning, behaviour, attendance, and overall school culture, benefiting both pupils and staff.

[How to help your child share their worries with you](#)

[CBeebies Parenting](#) for EYFS

I'm absolutely thrilled to celebrate an outstanding achievement from our Year 5 and 6 football team, who have won the Blaydon Shield! Their victory in last night's final was particularly special, as they secured the trophy in a penalty shoot out against a rival school. The team's dedication, teamwork and mature sportsmanship have been truly admirable, and they should feel incredibly proud of themselves. This is a wonderful testament to their hard work and commitment.



Next week is one of the most important weeks of the school year for our Year 6 children, as they sit their SATs. I want to reassure parents that they are absolutely more than ready for this challenge. The remarkable progress they've made over the last few months has been wonderful to witness, and of course, we mustn't forget the solid foundations built throughout their entire primary learning journey. The skills and knowledge they've developed over these years have prepared them exceptionally well. I'm confident they will be terrific, and I know you'll join me in wishing them the very best of luck during this important time.

Finally, a reminder that our Year 1 Phonics Information Meeting is taking place next week. We're offering two sessions to accommodate families' schedules, so please do join us at either **9am or 2:30pm on Tuesday 12th May.**



'Showing up today plants the seeds for tomorrow's success'.

Our whole school attendance this week is 95% which is just above the national average of 94.6%. Thank you for your continued efforts to support our children coming to school.



N: Ayla J	Rec: Walter	Y1 C: Lyla	Y1 H: Leilani	Y2 E: Joseph E	Y3 E: Jack M	
Y3 R: Maggie	Y4 A: Jack	Y4 B: Summer	Y5 B: Mattie	Y5 L: Isla D	Y6 A: April	Y6 O: Jack G



Eagles	Hawks	Owls	Red Kites
389	360	344	344

Thank you for your continued support in making our school a special place to work and play.

Colette Bell

Head Teacher

Please continue to check our school calendar attached to this email as this is updated weekly. *Please keep visiting our Facebook page to find out up to date messages and curriculum news across the school!*

[facebook](#)